

Dr. Donna Williams

Morningside Dental Care
527 Manhattan Avenue
New York, NY 10027
(212) 864-77224

Aftercare Following Your Dental Visit (Extractions)

Note:

•Following these simple guidelines for proper care after your dental treatment can help minimize discomfort.

•Should you have questions regarding your aftercare, contact our office. Please keep your scheduled appointments.

•Regular oral health checkups as recommended by your dentist will detect minor problems before they develop into major concerns

Patient Name

Aftercare instructions:

Tooth extractions:

- Some bleeding is normal following tooth extractions. Applying gentle pressure for 20-30 minutes by biting on a sterile gauze pad or tea bag will help control bleeding. Repeat as needed.
- Take prescription medications and/or analgesic tablets as directed by the dentist or oral surgeon.
- Avoid disturbing the extraction site. Chew on the opposite side for 24 hours do not drink carbonated beverages, lie down flat, spit, smoke or suck liquids through a straw.
- Apply an ice pack to the outside of the face next to the extraction site to help control soreness and swelling. Alternate 20 minutes on and 20 minutes off.
- Brush and floss gently. Avoid rinsing with mouthwash for 24 hours after the extraction. Rinse with warm salt water after 24Hours.

Additional instructions:

1. For discomfort use _____
2. Make your follow up appointment _____ days after the day of the extraction.

Special Instruction: _____

CALL US IMMEDIATELY TO REPORT ANYTHING UNUSUAL!

Contact our office if you experience any of the following:

- Unusual Pain
- Swelling and redness around the extraction site after one week
- Bleeding that does not subside following the extraction
- Persistent sensitivity to heat/cold

I acknowledge that I have received and understand the above instructions on procedures following tooth extractions. I have also been informed of the necessity for periodic dental examinations and x-rays to monitor my dental health.

X _____
Patient's Signature

Date